

Internet/Index.dat

In the Name of Allah, The Most-Compassionate The Most-Merciful
Allahummar zuqnee shahaa datan fi sabi lillah
Oh Allah! Grant me martyrdom in the Path of Allah!
Brought to you by Abu Ink al Terra

PLEASE SPREAD THIS TUTORIAL TO INCREASE AWARENESS AMONG MY BELOVED BROTHERS AND SISTERS ON THE BLESSED PATH!

I am not going to go in detail about the following but just remain brief.

Internet:

Whatever website you go on,
It is logged in your computer,
Whatever email you've sent or received,
There is always a backup made by the email provider,
Whenever you delete your Internet History,
There is always a **HIDDEN BACKUP**
No matter how many times you try to delete your Internet History
The **HIDDEN BACKUP** is always there, like your best friend!
His name is index.dat.

This is a/or many hidden file(s) which are locked i.e. cannot be altered or deleted by the user. This file contains all the history from the moment you switched your internet to the current day and always logging that is why I asked you to switch your internet off, so you can clean any traces before you log back on.

How to delete

Manually the file cannot be edited, deleted or even accessed sometimes, what you need is a software which can do this. There are many programs which say they can delete index.dat i.e. CCleaner, but after researching into CCleaner it lacks in wiping the index.dat file but overall a good piece of software, however I have included Privacy Mantra. The only con with this software is that anything it deletes can be easily recovered with a recovery program. The reason for this is that the process of deleting the file is equivalent to deleting file through Recycle Bin.

99% of files deleted through Recycle Bin are recoverable because the file has been "deleted once".

Just think of a red stain on a white rug. If you wipe it once it would still have traces, so the more times you wipe/clean it the less traces there are, same thing with deleting files. Just because you deleted it doesn't mean it's permanently gone even though you cannot see it. The traces that left behind are usually left to sit in the Free Space you have untouched. So the way get around this is to use an eraser or wiper that cleans multi-folds. I have included BCwipe which can erase files multi-fold, however it cannot delete index.dat file but can wipe the free space where the index.dat file sits once it has been deleted by Privacy Mantra. The more times it is wiped over, the safer your hard drive is from prying eyes. The minimum wipe times you should use is 7 times.

So the process is this:

1. Run Privacy Mantra and initialize the clean (follow procedures below)
2. Reboot computer as Privacy Mantra can only access the index.dat file when the computer boots up
3. Run BCwipe or CCleaner to clean traces left in the free space

Privacy Mantra

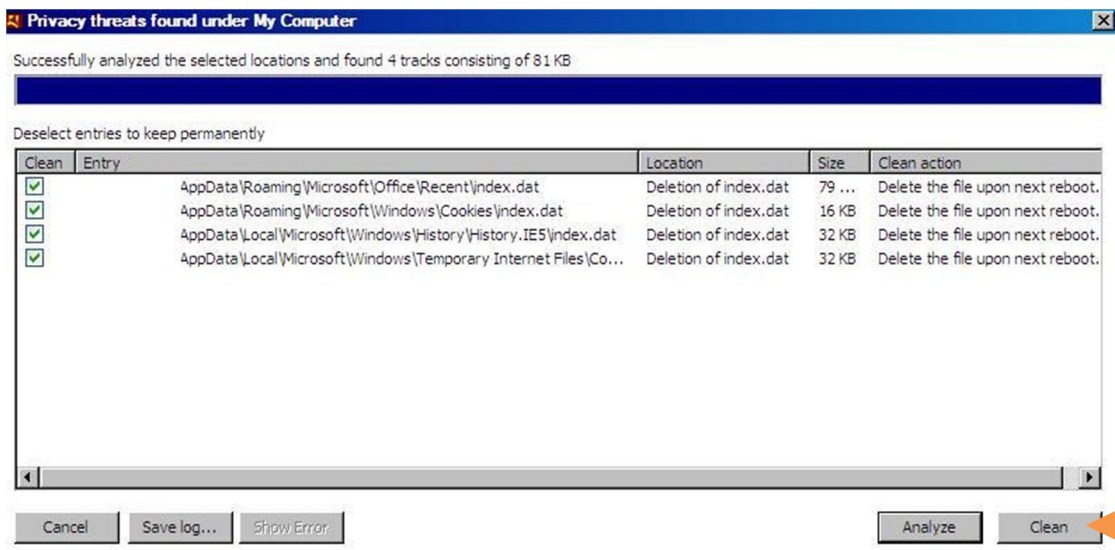
Install and Open Privacy Mantra



1. Select deletion of index.dat and click on Analyze



2. Click on Clean, Reboot Pc once done



Run BCWipe once reboot complete (Follow steps on how to run BCWipe)